

Post Session Processing Questions:

1. What hidden feelings do the shapes and lines represent?

2. If this image could speak, what would it say to you?

3. Are there any smudges, lines and details that are trying to tell you something?

4. What do the colours in this artwork represent?

5. What messages or insights have you received from this process?

6. How does this all correspond with the events, insights and experiences in your recent life?

